

REQUEST FOR VOLUNTEERS
Telephone Interview

Adverse Childhood Experiences and Weight Study

What is the study about?

People who have experienced events in their childhood that were distressing (for example, physical or sexual abuse; living with family members who had substance abuse or mental health issues; witnessing violence in the home; or other similar difficult family situations) sometimes find they have health problems as adults, including problems managing their weight.

The Office on Women's Health (OWH), within the Department of Health and Human Services, is currently designing health interventions for women who have experienced adverse events in childhood. The CDM Group, a consulting firm in Bethesda Maryland, is assisting the OWH with the study through a contract.

OWH and CDM would like to talk with women who have experienced adverse events and who are currently concerned about their weight about what kinds of programs would best fit their needs.

What will I be asked to do if I agree to take part in this study?

Your name and contact information will be provided to Dr. Claudia Blackburn; she is a clinical psychologist from the CDM Group who is doing research in this area and who also regularly counsels individuals who have experienced trauma. Dr. Blackburn will schedule an individual (one-on-one) telephone discussion with you at a time convenient for you. The discussion will last for approximately 1 hour, and will be confidential. You will receive \$25 for your time.

If you are interested, please contact Cheryl McDonnell directly at cheryl.mcdonnell@cdmgroup.com