



Street Survival Kit

Help neighbors in need by assembling and donating bags of items that make life on the streets a little more manageable. Place some or all of the following items in a drawstring bag, backpack or gallon-size Ziploc bag:

- In Summer: sunscreen, brimmed hat, bug spray, hydration packets, sunglasses
- New socks
- Neutral-scented deodorant
- Reusable water bottle
- Shelf-stable protein drinks
- Energy bars/trail mix/dried fruit
- Rain poncho
- Gift card for food (Subway, Dunkin' Donuts and McDonald's sell \$5 cards)
- Toothbrush & toothpaste
- Bar soap in a durable plastic bag
- Body lotion
- Wet wipes
- Hand sanitizer
- Comb
- Menstrual hygiene products – Please place sticker/indicator on the bag if included
- In Winter: hat, gloves, scarf, hand warmers
- A note from you—this means a lot!

Please contact donations@hchmd.org or call 443-703-1345 if you'd like to donate kits.