**September PI Meeting**

Date: 9/20/2023

Attendees:

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| Lisa Hoffmann |
| Marie Stelmack |
| Rosita Harris |
| Heather Douglas |
| Maddy Horan |
| Malcolm Williams |
| Kat Acosta |
| Margaret Flanagan |
| Tolu Thomas |
| Arie Hayre-Somuah |
| Katie Healy |
| Lisa Lefavore |
| Christina Bauer |
| Maonry Leonzo |
| Hanna Mast |
| Wynona China |
| Lilian Amaya |
| Mona Hadley |
| Andrea Shearer |
| Tyler Gray |
| Rebecca Ritter |

Agenda:

1. Presented slides
2. Discussion:
   1. Rosita shared that height is not being taken once a year, as physiologically growth stops at a certain point. CMAs take the last recorded height to record for visit height.
      1. This should work for the measure
      2. PI to bring back to the team to discuss:
         1. From a Harvard article: <https://www.health.harvard.edu/staying-healthy/why-do-i-shrink-in-height-as-i-age>
            1. A. Around age 40, most people lose some height, and the decline often accelerates in later decades. While multiple factors contribute to this "shrinkage," maintaining bone density to help prevent osteoporosis and improving posture are two ways to stand a little taller.
            2. When a hip or wrist bone weakened by osteoporosis breaks, it's the kind of crack we envision when we picture a broken bone. But fractures of bones in the spine, called vertebrae, are different. Thin vertebrae don't crack, but rather get crushed, like a cardboard box after too much weight is placed on top.
   2. Discussed flu champions and the need to remind people of recording declinations.
      1. Will discuss more with flu workgroup and include in quick guide