

# BlueDHMO \$10 Summary of Benefits

*An important part of your health care package*

Services	You Pay
<b>BASIC DENTAL SERVICES (PER OFFICE VISIT COPAY)</b>	
Includes all examinations, prophylaxis, x-rays, oral hygiene instruction, sealants, amalgam restorations, recementation of space maintainers, and follow-up visits.	\$10
<b>SOFT TISSUE MANAGEMENT (PER OFFICE VISIT COPAY)</b>	
Periodontal scaling and root planing	\$65
Full mouth debridement	\$55
Perodontal maintenance procedures following active therapy	\$45
<b>RESTORATIVE SERVICES</b>	
Crown—porcelain fused to predominantly base metal	\$410
Crown—porcelain fused to high noble metal	\$430
<b>ENDODONTICS—ROOT CANAL THERAPY</b>	
Anterior (excluding final restoration)	\$250
Molar (excluding final restoration)	\$410
<b>DENTURES AND RELATED PROCEDURES</b>	
Complete denture—maxillary or mandibular	\$415
Partial denture—cast metal framework with resin denture bases	\$480
Reline complete maxillary or mandibular denture (in a dentist's office)	\$100
Pontic—porcelain fused to predominantly base metal	\$370
Pontic—porcelain fused to high noble metal	\$390
<b>SURGICAL SERVICES</b>	
Osseous Surgery (including flap entry and closure) per quadrant	\$400
Surgical removal of erupted tooth	\$75
Removal of impacted tooth—completely bony	\$160
<b>ORTHODONTICS</b>	
Comprehensive—adolescent	\$3,000
Comprehensive—adult	\$3,000
Pre-orthodontic treatment visit	\$100
Orthodontic retention	\$200
<b>ANESTHESIA</b>	
Intravenous sedation (first 30 minutes)	\$125
<b>BROKEN APPOINTMENT FEE</b>	
Per 15 minutes (without 24 hour notice)	\$40

This chart includes common procedures and does not list all services and procedures covered by your benefits contract. It is for comparison purposes only and does not create rights that are not covered through the benefit plan.

**These benefits are issued under policy form numbers:**

MD/TDN/DHMO/GCA (10/15); MD/TDN/DHMO GC (10/15); MD/TDN/DHMO EOC (10/15); MD/TDN/DHMO DOCS (10/15); MD/TDN/DHMO SOB0 (10/15); MD/TDN/DHMO ELIG (10/15); MD/TDN/DHMO APPEAL (10/15) and any amendments.

(For internal and application use only)—MD Plan BlueDHMO \$10

### Advantages of the DHMO plan

- **Affordability through predictable copays**—With a Dental HMO plan, most preventive and diagnostic services are available for a small office visit charge (\$0 or \$10).
- **In-network preventive care**—X-rays, dental surgery and more for a set copay with no deductibles or benefit maximums.
- **Simplicity**—As long as you visit your primary dental office for treatment, you won't have to file claim forms or get preauthorizations.
- **A network of caring professionals**—Your dental provider network includes dentists from across Maryland, Virginia and Washington, D.C. These network dentists are committed to providing quality dental care. Each dental office participates in an ongoing quality assessment program.

### Things to remember

- You can change your dentist at any time (if no balance exists).
- You can choose a different participating general dentist office for each family member.
- You must get a referral to see a specialist.

### Frequently asked questions

#### Do I need to select a dentist?

Yes. Before you can receive benefits under this plan, you must first select a dentist from the provider directory.

#### What happens in a dental emergency away from home?

Should you have a dental emergency more than 50 miles from home, the Dental HMO plan will cover the cost of emergency care provided by any licensed dentist. The plan will cover a maximum of \$50 per emergency occurrence.

#### How do I find a participating DHMO dentist?

To find a DHMO dentist, visit [carefirst.com/doctor](https://www.carefirst.com/doctor) and select *DHMO—BlueDHMO, Individual (IND20)*.

#### When do I get my ID card?

Member ID cards are mailed to your home after enrollment. You can also access your ID card—along with other claims and benefit information—at *My Account* or on the CareFirst mobile app. Visit [carefirst.com/myaccount](https://www.carefirst.com/myaccount) to register.

#### Who can I call with questions about my dental plan?

Call Dental Customer Service toll free at 844-495-0653 between 8 a.m. and 6 p.m. ET, Monday–Friday.