

# Client Support Groups – 421 Fallsway



## MONDAY

<b>8-9 a.m.</b>	Stress Reduction Group	1 <sup>st</sup> Floor Group Room 1	<i>Deirdre Hoey</i>
<b>9-10 a.m.</b>	Alumni Group	1 <sup>st</sup> Floor Group Room 2	<i>Clients + Addictions Team Staff Support</i>
<b>9-10 a.m.</b>	Smoking Cessations Group	1 <sup>st</sup> Floor Middle Group Room	<i>Chauna Brocht</i>
<b>2-3.15 p.m.</b>	Arts Expression Group	1 <sup>st</sup> Floor Group Room 1	<i>Johanna Galat</i>

## TUESDAY

<b>9-10 a.m.</b>	Second Opinion Group	1 <sup>st</sup> Floor Group Room 2	<i>Gretchen Tome</i>
<b>11:45 a.m.- 1 p.m.</b>	B'More Housing for All (Advocacy Group)	1 <sup>st</sup> Floor Group Room 2	<i>Malcolm Williams</i>
<b>1-2 p.m.</b>	Diabetes Education	1 <sup>st</sup> Floor Group Room 1	<i>Mara Schneider + Nursing Team</i>
<b>1-2.15 p.m.</b>	Stress Reduction Yoga	3 <sup>rd</sup> Floor Group Room A&B	<i>Deirdre Hoey</i>

## WEDNESDAY

<b>8-9 a.m.</b>	Stress Reduction Group	1 <sup>st</sup> Floor Group Room 1	<i>Karen Ross Taylor</i>
<b>9-10 a.m.</b>	Second Opinion Group	1 <sup>st</sup> Floor Group Room 2	<i>Justin Shea</i>
<b>10-10:45 a.m.</b>	Bridge Group	1 <sup>st</sup> Floor Group Room 1	<i>Clementine Alford + Caitlin Synovec</i>
<b>11 a.m.-12 p.m.</b>	How to Apply for Benefits Group	3 <sup>rd</sup> Floor Group Room B	<i>Erica Brown + Eva Hendrix-Shovlin</i>
<b>1-2 p.m.</b>	Anger Management Group	3 <sup>rd</sup> Floor Group Room B	<i>Kate O'Bannon</i>
<b>1-2 p.m.</b>	Grupo de Apoyo para los Hispanoblatantes	Primer Piso Cuarto 1	<i>Gerardo Benavides y Lilian Amaya</i>
<b>2-3:15 p.m.</b>	Art Expressions Group	1 <sup>st</sup> Floor Group Room 1	<i>Montse Ferrer</i>

## THURSDAY

<b>8:15-9 a.m.</b>	Naloxone Training Group	1 <sup>st</sup> Floor Group Room 2	<i>Katie League</i>
<b>9-10 a.m.</b>	Smoking Cessations Group	1 <sup>st</sup> Floor Group Room 2	<i>Chelsea Giuffra</i>

## FRIDAY

<b>9-10 a.m.</b>	Second Opinion Group	1 <sup>st</sup> Floor Group Room 2	<i>Emily Gordon</i>
<b>1-2:15 p.m.</b>	Stress Reduction Yoga	3rd Floor Group Room A&B	<i>Deirdre Hoey</i>