Need Help?

Important Steps to Getting Assistance Sooner

1. Have a valid state or military ID, your state issued birth certificate, & social security card. Only carry your ID with you and keep other forms of identification in a secure location.
2. Apply for food, shelter, & financial assistance immediately.
3. Apply for health insurance ASAP. There is no cost insurance for individuals with low or no income.
4. Seek case management or professional help to guide you. County agencies, mental health facilities, & the local health department offer case management to eligible individuals.

Mental Health

Harford Co. Health Dept. — Behavioral Health Services
120 Hays St, Bel Air, MD 410-877-2340
Outpatient mental health & addictions services for recipients of medical assistance, the uninsured, & low income individuals.

Alliance, Inc.
Outpatient Mental Health Services 410-420-7292
4 North Ave.—Suite 306, Bel Air, MD
Case Management Services 410-273-1399
15 S. Parke St.—Suite 400, Aberdeen, MD
Case management, therapy, & psychiatric services to children & adults.

Upper Bay Counseling & Support Services
626 Revolution St., Havre de Grace, MD 410-993-8744
Confidential mental health services.

Key Point Health Services
153 North Parke St., Aberdeen, MD 443-625-1600
Outpatient mental health services, residential & psychiatric rehabilitation.

University of Maryland: Harford Memorial: Behavioral Health Services
501 South Union Ave., Havre de Grace, MD 443-843-8054
Evaluation, intensive outpatient, & inpatient behavioral health services for individuals 18 years and older.

Therapeutic Living For Families
1837 ½ Pulaski Highway, Edgewood, MD 443-372-5273
Therapeutic mental health services.

New Day Wellness & Recovery
16 N Philadelphia Ave, Aberdeen, MD 410-273-0400
Peer support & activities for adults with mental health diagnosis.

Mental Health continued

American Addiction Centers
855-807-0211
Inpatient substance abuse program for privately insured individuals.

Substance Abuse Treatment

Harford Co. Health Department — Behavioral Health Services
120 Hays St.—3rd Floor, Bel Air, MD 410-877-2340
DUI/DWI screening, treatment planning, relapse prevention, group & individual therapy, suboxone, & other outpatient services.

Joppa Health Services
623-A Pulaski Highway, Joppa, MD 410-539-5809
An outpatient substance abuse program offering assessment, methadone detox & maintenance, buprenorphine, & support groups.

MATT, Inc.
1361 Bras Mill Rd., Belcamp, MD 410-273-9700
Outpatient substance abuse program offering assessment, methadone detox, maintenance, buprenorphine, alcohol treatment & support groups.

Serenity Health, LLC
780 W. Bel Air Ave., Aberdeen, MD 410-273-1030
A comprehensive program offering detoxification, intensive outpatient treatment, medication assisted treatment & DUI/DWI education.

Overcomers
Mr. Zion United Methodist Church Bel Air, MD 410-569-0815
A Christian recovery program. Mondays & Wednesdays at 7:30pm.

Alcoholics Anonymous
12-step self-help groups for alcoholics. Call for meeting locations.
410-272-4150

Narcotics Anonymous
1-800-317-3222
12-step self-help groups for narcotic addicts. Call for locations.

ARS in Aberdeen
24 W. Bel Air Ave, P.O. Box 910, Aberdeen MD 410-272-0230
A comprehensive program offering detoxification, intensive outpatient treatment, medication assisted treatment & DUI/DWI education.

Harford Co. Health Department — Tobacco Cessation Program
1321 Woodbridge Station Way, Edgewood, MD 410-612-1779
Offers tobacco cessation class, counseling, and products.

Family & Individual Support Services

Department of Social Services (DSS)
2 S. Bond St.—3rd Floor, Bel Air, MD 410-836-4700
Family services, protective services, & child support enforcement.

The Family Navigator
19 Newport Dr.—Suite 203, Forest Hill, MD 410-420-9880
Provides individual/ family support, education, advocacy, information & referrals to family’s with children who have mental health concerns.

Office of Child Support Enforcement (Dept. Human Resources)
101 S. Main St.—Suite 205,Bel Air, MD 1-800-332-6347

Birthright—Pregnancy Aid Center
38 E. Gordon St., Bel Air, MD 410-838-0443

Alpha’s Glory Crisis Pregnancy Center
219 W. Bel Air Ave., Ste. 2, Aberdeen, MD 410-272-4711

Boys & Girls Club of Harford County
100 E. Bel Air Avenue, Aberdeen, MD 21001 410-272-8233
At various locations, provides youth development services.
Shelters & Housing Assistance

Harford Community Action Agency (CAA) 410-612-9899
1321B Woodbridge Station Way, Edgewood, MD 410-612-9909
Energy assistance, homeless services, financial assistance, & emergency food pantry; Mon-Thur 8:30-12 & 1-4, Fri 8:30-12.

Welcome one Emergency Shelter 410-272-2229
Belcamp, MD
Emergency Shelter. Referral required from CAA.

Harford County Housing Agency 15 S. Main St., Bel Air, MD 410-638-3045

SARC (Spouse Abuse Resource Center) 24hr hotline 410-836-8430
Confidential domestic violence & sexual assault services.

Anna’s House 410-803-2130
Transitional housing for women & children. Referral required.

Harford Family House 53 E. Bel Air Ave. Suite 3 Aberdeen, MD 410-273-6700
Transitional housing for families with children. Referrals required.

The New Hope Community, Inc. P.O. Box 909 Havre de Grace, MD 410-920-3192
Christian transitional housing ministry for men & women.

Alliance, Inc. 15 S. Park St.—Suite 400, Aberdeen, MD 410-273-1399
Permanent supportive housing & Shelter Plus Care for those individuals with mental health diagnosis. (Must meet eligibility criteria).

Food & Emergency Assistance

Harford Community Action Agency (CAA) 410-612-9899
1321B Woodbridge Station Way, Edgewood, MD 410-612-9909
Energy assistance, homeless services, financial assistance, & emergency food pantry; Mon-Thur 8:30-12 & 1-4, Fri 8:30-12.

Food & Emergency Assistance continued

FISH (Friends in Self Help) 410-836-6440
Assistance with food, utilities, medical transportation & prescriptions.

Department of Social Services (DSS) 2 S. Bond St.—3rd Floor, Bel Air, MD 410-836-4700
Financial assistance, food stamps, medical assistance & related support.

Prince of Peace Church 2600 Willoughby Beach Rd., Edgewood, MD 410-679-5912
Soup kitchen on Saturdays 11am-1:30pm.

Inner County Outreach 529 Edmund St. Aberdeen, MD 410-272-3278
Provides food pantry, eviction prevention, and utility assistance.

Partnerships in Christ International
Mary’s Harvest Center Building—1232 Philadelphia Blvd B Aberdeen, MD
Provides education, training, food & nutrition programs.

Tabitha’s House 112-D Connolly Rd., Fallston, MD 410-877-9730
Assistance with food, clothing, & household items. Appointment needed.

Blue House 23 W. Lee St., Bel Air, MD 410-838-6444
Counseling assistance. M & Th 9:30-11:30am & 3rd Sat each month 10-12.

Grace United Methodist Church 110 W. Bel Air Ave., Aberdeen, MD 410-272-0909
Emergency food assistance by appointment only, Thursday 3:30-5:30pm.

Trinity Evangelical Lutheran Church 1100 Philadelphia Road, Joppa, MD 410-679-4000
Emergency assistance & food pantry on Thurs 3:30-5:30pm & Sat 10-12pm.

St. Francis de Sales Catholic Church 1450 Abingdon Rd., Abingdon, MD 410-676-5119
Utility assistance & food pantry on Thurs 5:30-6:30 & Sat 9-10am. Bring Photo ID, Utility turnover & bill, etc.

Veterans Resources

Perry Point Medical Center 1-800-949-1003
Homeless, medical & mental health services for veterans. 410-642-2411

Army Community Services 8. 2503, Aberdeen Proving Ground, MD 410-278-7572

Maryland’s Commitment to Veterans 1-800-770-4801
Helping Veterans transition into healthy civilian life.

Aberdeen Vet Center Outstation 410-272-6771
223 W. Bel Air Avenue Aberdeen, MD 877-927-8399

Disabled American Veterans (DAV) 410-502-2687
Bel Air, MD 443-272-3249

Senior Citizens

Office on Aging 145 N. Hickory Ave., Bel Air, MD 410-638-3025

Adult Evaluation and Review Services (AERS) 34 N. Philadelphia Blvd, Aberdeen, MD 410-273-5626
Provides comprehensive evaluations for aged & functionally disabled adults who need long-term care & are at risk for institutionalization.

Education & Employment

Harford Community Action Agency (CAA) 410-612-9909
Offers GED classes & career counseling; in addition to emergency services.

LAGS, Inc. 31 W. Courtland St, Bel Air 410-836-0333
Provides adult & family literacy classes in English as a second language, youth mentoring, & network of service providers and translation support.

English as a Second Language 443-412-2616
GED Prep and Adult Basic Education 443-412-2054

Maryland Division of Rehabilitative Services (DORS) 2 S. Bond St.—Suite 102, Bel Air, MD 410-836-4590
Skill training, job placement & independent living program for individuals with disabilities.

Susquehanna Workforce Center Bel Air Center 2 S. Bond St., Ste. 204, Bel Air, MD 410-836-4603
Aberdeen Center 34 N. Philadelphia Blvd Aberdeen, MD 410-272-5400
Job search assistance, employment counseling & skills enhancement.

Harford Community College 443-412-2115
2 S. Bond St., Bel Air, MD
Adult Basic Education, GED classes and other educational programs.

The Epic Center—Internet Cafe 1918 Pulaski Hwy, Edgewood, MD 443-981-EPIC
Help with computers, filling out forms, & creating resumes. M-F 10-2pm.

Legal Assistance

Harford County Bar Foundation Legal Referral Service 410-836-0123
Referrals for pro bono legal services. Appointments only.

Harford County Community Mediation Program 319 S. Main Street, Bel Air, MD 410-638-4807
Dispute resolution services for citizens of Harford County.

Legal Aid Bureau 103 S. Hickory Ave., Bel Air, MD 410-836-8202
Legal services for low income individuals & families. 800-444-9529

Maryland Division of Parole and Probation 2 S. Bond St., Bel Air, MD 410-836-4650
31 W Bel Air Ave, Aberdeen MD 410-297-2200

Public Defender Office 1-877-430-5187
2 S. Bond St., Bel Air, MD 410-836-4880
Legal representation in criminal cases. Apply at least 10 days prior to trial.

Transportation Assistance

Medical Assistance Transportation 410-638-1671
Transportation to medical appointments for Harford Co. Medical Assistance Recipients only. Must reserve 2 business days in advance.

Harford County Transit (County Bus Service) 410-612-1621
Call for county routes & special services. 410-838-2562

Social Security

Social Security Administration 1-800-772-1213
3435-A Box Hill Cooperative Center Dr., Abingdon, MD
Apply for social security benefits & social security cards in person.