# MARYLAND HARM REDUCTION SUMMIT

Thursday JUNE 28TH, 2018 8:30-4:30 p.m.

### **MARTIN'S WEST**

6817 Dogwood Road, Baltimore MD

Explore innovative approaches to the opioid epidemic while forging new partnerships.

The Maryland Harm Reduction Summit will bring together community members, policymakers, health and social service providers to focus on non-judgmental, harm reduction approaches to individuals seeking care at any stage in their recovery. Topics include racial justice, trauma, and harm reduction, strengthening systems of care, and integration of harm reduction into substance use disorder treatment settings, among others.

## **REGISTER NOW**

https://harmreductionsummit.eventbrite.com

The Summit is co-sponsored by the Maryland Behavioral Health Administration and the University of Maryland Training Center

### **KEYNOTE SPEAKER,**



4:15 - 4:30 p.m.

### Monique Tula Executive Director of the Harm Reduction Coalition

Monique Tula is the Executive Director of the Harm Reduction Coalition, a national advocacy and capacity-building organization that promotes the health and dignity of people affected by drug use. Previously, she was Vice President of Programs with AIDS United. Ms. Tula serves as Chair of the Board of Directors for B.E.A.M., a collective of mental and emotional health advocates dedicated to dismantling systems that cause egregious harm to minorites in the U.S. A skilled trainer, Ms. Tula holds a degree in Community Planning from the University of Massachusetts and a Masters Certificate in Nonprofit Leadership and Management from Boston University. As a person directly affected by the war on drugs with more than 20 years experience in the nonprofit sector, Ms.Tula has devoted her career to harm reduction advocacy and infrastructure development of community-based organizations.

Agenda

8:30 - 9:30 a.m.	Registration; Continental Breakfast, Networking
9:30 - 10:00 a.m.	Opening Remarks
10:00 - 11:15 a.m.	Plenary 1: Monique Tula, Executive Director Harm Reduction Coalition
11:15 - 12:30 p.m.	Breakout Session 1
12:30 - 1:30 p.m.	Lunch, Networking
1:30 - 2:45 p.m.	Breakout Session 2
2:45 - 3:00 p.m.	Networking Break
3:00 - 4:15 p.m.	Plenary 2: It's All About Context: ACEs, Identity, Society

Closing Remarks

### **Breakout Session Descriptions**

#### Racial Justice and the War on Drugs

This session will review the history of the War on Drugs and the racial implications that may be at the foundation which these public policies were based. Additionally, we will explore the effects of the drug war on society, on our communities, and on us as individuals.

## Harm Reduction in Treatment: Applying a Harm Reduction Framework to Medication-Assisted Treatment (MAT)

This session will introduce a harm reduction framework for medication-assisted treatment. The multidisciplinary clinical team and a client representative from Desi's Place, a community-based buprenorphine program in Baltimore City, will share best practices, challenges, and strategies for embracing harm reduction in a treatment setting.

#### **Client-Centered Care**

Harm reduction-informed work is driven by clients' expressed needs and priorities, rather than those of the provider. This workshop will highlight the role of Peer Recovery Specialists in establishing and maintaining client engagement, and describe local models of client-centered services, including the Youth Empowered Society and the Sobering Center.

# Harm Reduction for the Homeless Population: Related Policies and Programs

Delivery of homelessness services aims to make bouts of homelessness rare and brief. Join panelists in discussing how to emphasize dignity and autonomy when providing services to people experiencing homelessness

#### Syringe Services Programs "Do's and Don'ts"

This session explores the "services" side of syringe services, thinking through what the absolutely necessary components of an SSP program look like. Come to learn the "do's and don'ts" of syringe services in Maryland!

### **Breakout Session Descriptions**

## Reducing Harm from Trauma and Understanding the Link to Substance Use

Although the principles of trauma informed care and harm reduction have significant overlap, the link between practitioners of each could be strengthened. In this session, attendees will hear from providers and people directly affected by the link between trauma and substance use and how a trauma-informed approach allows for harm reduction work to be done. Panelists will explore a variety of related topics, including how stigma and criminalization create obstacles to trust between providers and People Who Use Drugs (PWUD). This undermines the ability to form the true partnerships and the leveling of power structures integral to a trauma informed approach.

#### **Integrating Harm Reduction into Healthcare**

A discussion of how to talk with medical workers about the complicated reasons people use drugs and how harm reduction interventions can be implemented in the medical community to reduce stigma and improve quality of care.

#### Stigma and Language

This session will focus on how the language we use can help to counter drug user stigma and how you can develop helpful language tools to counter this stigma throughout your program, department, or organization.

#### Holistic Harm Reduction for Sex Workers

People engaged in sex trade face harms rooted in systemic oppression, such as economic and racial injustice, in addition to individual risks to health and wellbeing. In this interactive workshop, participants will hear from sex workers and allies about structural barriers to health, and learn how holistic strategies can be used to advance change on an individual and systemic level.